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Living Natural Today – Out with Toxins - In with Your Health

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December 24th 2014: Setting Goals for 2015 and a Special Christmas Wish

Do you want to crush it in 2015? Tune in as author, trainer and public speaker Randy Dean motivates us to not only set goals, but to, more importantly, achieve them. Also, be sure to listen in for Teresa's Christmas wish for you.



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Featured Guest



Randall Dean

Randy Dean, the Totally Obsessed Time Management Technology Guy, is a professional speaker and expert on time & e-mail management, effective organization, and the related use of technology. For more than 20 years, Randy has been leading programs and presentations for corporate, university, association, and government audiences. Obsessed with time management and productivity, he left a successful career as a graduate program admissions director, professional marketer, and manager to become a leading speaker and trainer. The author of the recent Amazon bestseller, Taming the E-mail Beast, he has led programs for thousands of satisfied and inspired managers and professionals on being more

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