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December 24th 2014:How to Have a Happy Holiday

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In this episode we will be discussing how to have "Happy Holidays". At this time of year many of us celebrate holidays- it may be Hanukah, Christmas, or Kwanza- as Holy Days. These days instead may become the most materially focused days of the year and often bring feelings of sadness, loneliness, worry, and disappointment for many. We are going to be talking with my guest, Joyce Buford, the creator of the "Uncover Your Hidden Genius Program". Joyce is a speaker, trainer, coach, and author. Her expertise lies in connecting with her clients in such a way as to help them realize their greatest

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Featured Guest



Joyce Buford

Joyce Buford is the creator of the "Uncover Your Hidden Genius Program" that guides her clients to realize their greatest potential. Joyce is a speaker, trainer, coach, and author. She is the host of Secondwind on Tognet Radio and a Guest Columnist for the Tyler Morning Telegraph, in Tyler, Tx. She studied directly with her mentor Jack Canfield, author of the Chicken Soup book series, for three years. Through her study with many prestigious coaches and mentors, she has created a powerful program that has positively impacted hundreds of people. Joyce powerfully and genuinely connects with her audience while delivering her "genius" message. She is truly gifted in her ability to coach and s

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