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Authentic Living
Wednesday at 1 PM Pacific
January 07th 2015: Special Encore Presentation: Beginning Again

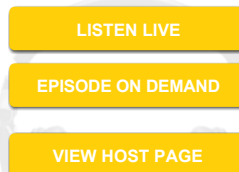
Here we are again at another new beginning. At least it is one that most of us recognize as a new beginning. The problem, however, with new beginnings is that we think we have to throw out the old to have the new. We think of it in very black and white, purist terms. But what if you knew that you didn't have to eliminate anything to have something new? Things don't die when new things are born. Rather things are integrated when new things are born. But what does this mean? What does it mean to integrate something old to find something new? Aren't we just supposed to think of something we want

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