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For the Love of Reiki
Archives Available
January 28th 2015: Reiki and Balanced Birthing

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Paula interviews Tonya McLaughlin. Tonya shares her family of origin and what her passions were as a child and how those passions spilled over into her adult life. She shares how she became a nurse and then brought Reiki into her life. She shares her joy in being a Reiki Doula and gives us highlights of what Reiki and Balanced Birthing is. Tonya's approach to healing is very intuitive, land based, and original. Tonya excites us with the realization that the new generation of parents are increasingly embracing a new way of looking at pregnancy and birthing. She gives examples of benefits to rec

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Featured Guest



Tonya McLaughlin

Tonya McLaughlin has been practicing the Healing arts throughout her life. She received the name Aumakua Healing for her Healing Arts Practice which means "Ancestral Healing or healing by one's Guides". She believes that the healing that comes through her is from the Universal Energy only whether its her land based traditional practices, Reiki Or Hawaiian LomiLomi & Lulima (Heartworks Lineage from Maui). A Retired nurse of 20 years, with mental health/crisis response as her specialty. She is a Reiki Teacher practicing Usui and Komyo since 2009 and more recently Karuna Reiki®. She teaches Healing Arts Workshops and retreats, is a Reiki Doula and Meditation Coach. In these most recent

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