



Today's Inspiring Women Archives Available

January 29th 2015: Climbing to New Heights

First woman in the world to climb Mount Everest, the world's highest mountain, from both its north and south sides Cathy O'Dowd and Spider-Man TV vocal actress Misty Lee are the special featured guests this week. One woman, Cathy O'Dowd, who had a fear for heights, lacked confidence but had discipline and determination overcame the world's biggest challenge and was the first woman to successfully climb Mount Everest, the world's highest mountain, from both its north and south sides. Another has spent her life as a passionate actress who has used her vocal pipes to work in a wide range of vocal

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Featured Guests



Cathy O'Dowd

Cathy O'Dowd is the first woman in the world to climb Mount Everest, the world's highest mountain, from both its north and south sides. The years she spent on or around Everest were for her a degree 'in living'. The insights she discovered about herself, and about individuals and teams under intense stress in the face of overwhelming challenge, are ones she has been sharing with her corporate audiences ever since. She has been a professional speaker for 18 years and has presented her message to companies in over 40 countries on six continents. Cathy remains an active adventurer. Disappearing into the wilds of northern Patagonia on skis. Her last Himalayan epic was in the summer of 2012 whe

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Misty Lee

Raised in Detroit Misty credits her upbringing as inspiring her sense of humor and interest in magic and musical theatre. She began performing magic when she was just sixteen but was quickly disillusioned by the ever-shrinking costumes given to her. She tried to swear off magic, but her Musical Theater and Improv backgrounds proved a fertile ground for magic and voice over work. Misty's no-nonsense approach, creativity, and affinity for fearlessly speaking her mind has honed her career, and has won her both respect and friends among magic's best and brightest. Misty became the first-ever female Staff to perform the famed Houdini Séance at Hollywood's Magic Castle. Trained by some of the l

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