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## Beyond Abuse, Beyond Therapy, Beyond Anything

### Archives Available

February 03rd 2015: Is It OK To Cry During Sex? Part 3

You're in the midst of sex. You've put into practice the 5 steps I shared with you in Part 2 of this series. You're no longer disappearing during sex. But now, you're crying... It's not the release you expected. You were going for primal throaty moans and groans or laughter that would make the angels smile. You weren't expecting the tears. Perhaps they flow gently down your cheeks, unnoticed by your partner. Or perhaps they burst through you with big sobs that shake your entire body. No matter how the tears appear, I am here to tell you YOUR TEARS ARE TOTALLY OK. It IS OK to cry dur

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