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### The Wellness Lounge – A Step Further Archives Available

January 26th 2015: Peace of Mind Tomorrow - Prepared Today

Peace of Mind Tomorrow - Prepared Today– will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Christopher Burgess to the show. Christopher Burgess (@burgessct) is CEO, President and co-founder of Prevendra, Inc, which is focused on safety, security, intelligence and privacy. He is also an author, speaker, advisor, consultant and advocate for effective security strategies, be they at the office or at home. He is the voice of Senior Online Safety and Red Folder. Red Folder is a web-based application that manage

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### Featured Guest



#### Christopher Burgess

Christopher Burgess (Twitter: @burgessct) is a writer, speaker and commentator on security issues.

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