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January 27th 2015: The Art of Zen and Family Vacations

Vacations are wonderful opportunities to get away, see new places, experience new things, and relax. Sometimes though, when family is added to the mix, feeling rejuvenated and refreshed seems almost impossible, even on the most beautiful of beaches. Join us this week as we discuss our own experiences on family vacations. We'll share what has worked for us to keep the peace, and what hasn't worked at all. Tune in and take notes for your next trip. There is a balance and there is an Art of Zen for Family Vacations.

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