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February 02nd 2015: What's Up with Let-Down, for Moms and Moms-To-Be

You've heard about "let-down," but you've got questions. What is it? What does it mean? How does it work, and what happens if it doesn't seem to work? Tune in for a practical discussion of challenges many breastfeeding mothers and babies face, with a focus on how to overcome them and meet your breastfeeding goals. Learn all you can about let-down so you understand how your body works to feed your baby during the so-called "fourth trimester"—and beyond. E-mail radio@borntobebreastfed.com with questions any time.

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