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April 6th 2015: Your Nightly Dreams~A Powerhouse of Inner Knowledge at Your Fingertips

On this show, we will be talking about the importance of our dreams in our daily life and how they help us grow spiritually. We will discuss what dream symbols can teach us, and how they work. As well, we will touch on the different levels of dreams and how we may be contacted in dreams by loved ones who have passed. There will be advice on how to approach nightmares, and also tips on how to remember our dreams and keep a dream journal.

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Featured Guest



Margaret Branch

Margaret Branch has studied the psychological and spiritual meanings of nightly dreams for many years, having gotten her start at the Association for Research and Enlightenment in the 1970's.

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