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HEALTH & WELLNESS



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
February 25th 2015: Letting Them Go

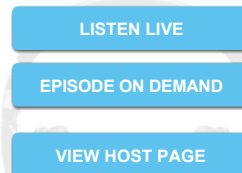
We welcome back Melanie DeMore, consummate musician and death bed midwife. She lost her father and I lost my mother within a few weeks of each other in Fall, 2014, both from pancreatic cancer. Join us for an intimate conversation laced with music about their lives, their deaths and our grief. If we live long enough, we will all face this moment; letting go of parents. What the relationship was like, how the death unfolded and what we witnessed in them as they faced the final chapter has so much influence on our own shaping of death. Just a few months into our lives as adult orphans, what ha

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Featured Guest



Melanie DeMore

Outstanding singer and vocal activist Melanie DeMore believes in the power of voices raised together to bring social and political change. As the subject of 'Stick and Pound,'

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