

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



### Child Psych Central Archives Available

March 05th 2015: **Anxious, Angry, Over-the-Top Kids: They Can Bloom!**

Young children's meltdowns, freak-outs and volcanic tantrums can challenge the resources of any parent. Age-old parenting logic has always dictated "Behavior First, Consequence Second," advising parents to reside in a primarily reactive mode. But the newest brain science teaches that proactive parenting can create a whole new dance. When parents understand developmental origins of challenging behavior, their responses diffuse conflict rather than fuel it. And when parents provide emotional coping assistance and skill building, the need for consequences and punishment plummets. These are the pr

[Read more](#)



### Tune in

Archives Available on VoiceAmerica  
Health and Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

### Featured Guest



#### Wendy Young

Wendy Young, LMSW, BCD is the mother of three, an award-winning child and family therapist, and founder of Kidlutions: Solutions for Kids. She is the co-author of BLOOM: 50 Things to Say, Think and Do with Angry, Anxious and Over-the-Top Kids, co-written with Lynne Kenney, coming out in April 2015 on Amazon.

[Read more](#)

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps

