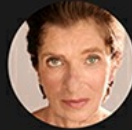


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The Kathryn Zox Show
Wednesday at 7 AM Pacific
March 11th 2015: Divorcing a Narcissist

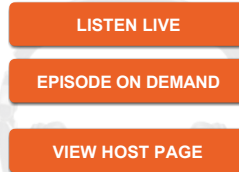
Kathryn interviews marriage and family therapist Dr. Karyl McBride on her book "Will I Ever Be Free of You? How to Navigate a High-Conflict Divorce from a Narcissist and Heal Your Family". Are you in love with a narcissist? When seen in day to day life, narcissism is a scary, life-altering and detrimental disorder. With more than three decades of experience as a licensed marriage and family therapist, bestselling author Dr. Karyl McBride guides you through the emotional fallout and challenges of being married to and divorcing a narcissist. She has had extensive clinical experience in the field

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Featured Guest



Karyl McBride, PhD

Dr. Karyl McBride, LMFT, is a licensed Marriage and Family Therapist in Denver, Colorado with more than 30 years in public and private practice. She specializes in treating clients with dysfunctional family issues. She has treated many adult children of narcissistic parents in her private practice. The author holds a B.A. from the University of Wyoming in elementary and special education, an M.A. from the University of Northern Colorado in counseling psychology, an Educational Specialist graduate degree from the University of Northern Colorado in school psychology, and a Ph.D. from The Union Institute in clinical psychology. Dr. Karyl McBride also has extensive clinical experience in t

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