

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



HEALTH & WELLNESS



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**April 1st 2015: Loveland**

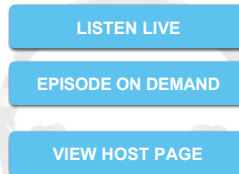
When playwright and actor Ann Randolph faced difficulties and losses, she applied her art to them and created comedy. Being able to laugh at what we cry about is a soothing balm for our difficulties and griefs. Creating characters that touch everyone who meets them with their humanity and depth while bringing laughter is Ann's true gift. How do we take a humorous view of our life stories while taking them seriously? Ann has taught countless people across the U.S. and the world how to do just that. She inspires us to dive into our own losses because she is willing to dive into hers and come up

[Read more](#)



#### Tune in

Wednesday at 2 PM Pacific  
Time on VoiceAmerica Health  
and Wellness Channel



**Questions? Comments?**  
**Call In Live!**  
**Toll Free: 1-866-472-5792**  
**Intl: 001-480-553-5759**

#### Featured Guest



#### Ann Randolph

Ann Randolph is a playwright and performer. Her shows, including LOVELAND, Squeeze Box (produced by Mel Brooks) Down Home, Shelter, and Miss America have won numerous awards and played to sold out crowds nationally and internationally.

[Read more](#)

#### Share This Episode



#### Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

