



**Wellness Interactive - A Step Further
New Shows Available**

**April 6th 2015: Special Encore Presentation:
HOW TO NAVIGATE YOUR PHYSICAL
PRESENCE IN LIFE THROUGH MOVEMENT**

**HOW TO NAVIGATE YOUR PHYSICAL
PRESENCE IN LIFE THROUGH MOVEMENT**

will be discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T.Monday when host Desiree Watson welcomes guest Sabatino Verlezza to the show. Sabatino is an accomplished dance soloist, award winning choreographer, teacher and Certified Pilates instructor. He soloed for nine years with the May O'Donnell Dance Company in New York City, choreographed works for prestigious dance companies and has taught dance at several Colleges and Universities. While his Verlezza Dance Company produces concerts nationally, Sabatino work

[Read more](#)



Tune in

New Shows Available on
VoiceAmerica Empowerment
Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Sabatino Verlezza

Sabatino Verlezza, Artistic Director, Verlezza Dance. Kent State University, Guest Instructor (2007). He holds an M.F.A. (Dance) from the University of Michigan (1979), a B.A. (Dance) from the State University of New York at Brockport (1977) and an A.A. degree from Orange County Community College, NY, (1975).

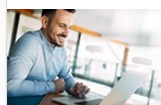
[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

