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The Energetic Toybox Archives Available April 28th 2015: Who let the DOGma out?

In this hour of discovery Julia and her guest Gary Douglas explore the concept of dogma. The under lying message is letting go what no longer serves. How can we shift or let go of these "false" beliefs utilizing open ended questions and other processes.

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Featured Guest



Gary Douglas

Founder of Access Consciousness, best-selling author, international speaker, and a sought-after facilitator, Gary Douglas is known for his intensity of awareness and his incredible capacity to facilitate people to 'know what they know'. He chooses to embody consciousness in everything that he does which inspires others to choose to become more conscious as a result. Gary has become an internationally recognized thought leader in transforming lives and creating different choices – willing to empower people to see different possibilities and to recognize what is truly possible for them. Gary is acknowledged worldwide for his unique perspectives on personal transformation that is unlike anyth

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