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The Wellness Lounge – A Step Further Archives Available

April 20th 2015: Discovering Inner Resources of Power and Knowledge

Natural Health - will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Donna Visco to the show. Donna brings 12 years of experience assisting others through the use of, Pranic Psychotherapy and Pranic Healing as well as her years of experience as a teacher of Restful Body Centered Awareness. Pranic Healing is a simple yet powerful & effective system of no-touch energy healing. It is based on the fundamental principles that the body is a self-repairing living entity that possesses the ability to heal itself and that the

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Featured Guest



Donna Visco

Certified Pranic Healer, Certified Pranic Healing Teacher in both Basic and Advanced classes, Registered Yoga Teacher, Certified Meditation Teacher, Certified Perfect Health Teacher

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