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EMPOWERMENT



**The Self Improvement Show  
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April 23rd 2015: The Making of a Mystic**

When most of us hear the word "mystic" our minds take us back centuries to find an old bearded man, in a monk's robe living in isolation, devoted to a life of prayer and spirituality. But Paddy Fievet doesn't fit that image and she says there's a modern mystic in each of us. She says that a modern mystic is a woman (or man) who understands life deeper than the ordinary five senses allow and, has not only awakened to her/his profound sense of intuition but utilizes it daily. The modern mystic, according to Fievet, knows her talents—her spiritual gifts—and through appreciation does her best to

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**Featured Guest**



**Paddy Fievet**

Paddy Fievet spent the first fifty years of her life following Southern society's directives for a conventional life.

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