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DIRECT CONNECT COACHING

Direct Connect Empowerment

with Fi Mazanke



Direct Connect Empowerment with Fi Archives Available May 12th 2015: Energized!

In this episode, Fi will showcase some of the components in the physical, mental, emotional and spiritual quadrants of your life to support your level of energy. Fi will share exercises to support your level of energy and help you look for energy blocks within your body to allow you to release those blocks for a more definite and clear level of energy. Fi will deliver coaching components to engage the listeners to practice with so that their level of energy may be enhanced. Tune in to be able to put these principles in place to maintain and increase levels of energy on all 4 levels. Listen

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