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Family Caregivers Unite!
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May 19th 2015: Trauma, Mental Health and Addictions, a Lifelong Healing Journey

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Ernest Matton (Little Brown Bear), ernest@look.ca, is a Métis helper and guide who inspires living in today's hectic world, and bridging culture and professional disciplines to assist people in finding help. Tom Regehr, self-employed since he was 14, is the founder of CAST Canada, <http://www.cast-canada.ca/>, which promotes better understanding of trauma and healing. They talk about their lives, careers and work. They explain what's involved in the trauma they discuss. They highlight the most challenging of the challenges created for mature adults, youths and families by the trauma. They explai

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Guest Image

Ernest Matton

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Guest Image

Tom Regehr

Tom Regehr, self-employed since he was 14, is the founder of CAST Canada, <http://www.cast-canada.ca/>. CAST coordinates workshops, conferences and keynote speaking to help professionals

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