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American Heroes Network Tuesday at 8 AM Pacific May 12th 2015: Conquering Your Personal War -- PTSD / TBI

After almost losing his life to suicide, he realized how precious it was. He then moved on to just learning how to survive in life, but that wasn't enough for him. He figured there had to be more than just surviving. That is when he took control of his life, and learned how to turn every negative aspect in his life into a positive.

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Featured Guest

Guest Image

Andrew O'Brien

My name is Andrew O'Brien, I am 26 years old and was born into war. My life was always a struggle to survive. Being born to a prostitute mother who used and chewed up men yearly, having multiple "fathers" a year. A woman who constantly told me I would not succeed in life, and her life was miserable because she had me. I then joined the US Military in 2007 and served 12 months in Iraq during my 4 year term in the Army. During my deployment I was a lead gunner, my job was to get everyone home safe. I faced many struggles during my deployment as well. After returning home from my deployment I was forced to face all of my demons. The ones from my childhood and my military service. It

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