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Mighty Gems – Essence of Authentic Presence

Archives Available

May 22nd 2015: Mighty Gems - Sparkling Grounded Earth Energies

To find the universal elements enough; to find the air and the water exhilarating; to be refreshed by a morning walk or an evening saunter; to be thrilled by the stars at night; to be elated over a bird's nest or a wildflower in spring – these are some of the rewards of the simple life. ~ John Burroughs Do you find yourself feeling bounced around with all of the electronic currents from the multitude of electronics being used as an integral part of your daily life? Most people will 'crash' energetically only to get up and start all over again the next morning without realizing what happened

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