



Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
June 15th 2015: Addiction in the 90's / Stopping Self-Destructive Habits

Tune in when Patricia interviews Charles Souby author of "In A SHOT OF MALARIA" Souby unfolds the twisted story of a young man desperately hooked on heroin, alcohol, and his own delusions. Set in San Francisco in the nineties, and written as deadpan first-person narrative, the novel captures the ugly realities of addiction, with sharp, ironic humor. In the second half hour tune in when Patricia interviews Roy Nelson author of "Love Notes from Hell" details how traditional therapies such as 12 step programs often fail without a spiritual component and why people continue to struggle. Roy's

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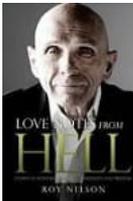
Featured Guests



Charles Souby

Charles Souby is an author and improv actor based in the San Francisco Bay Area. His own life journey, including whether he's had personal experience with addiction, and his passion for writing fiction. He recently completed a screenplay rendition of his widely praised first novel, Winifred. To learn more, please visit the author's website: www.charlesrouby.com.

[Read more](#)



Roy Nelson

Roy Nelson is an expert on depression, addiction, and emotional-eating. As an emotional eater himself, Roy lost 120 pounds and overcame a myriad of addictions, as well as depression, panic attacks, and phobias. His expertise and real-life experience would make Roy a great fit for an upcoming segment. www.roynelsonhealing.com

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