

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



**Wellness Interactive - A Step Further
New Shows Available
June 22nd 2015: Emotional Freedom
Techniques**

Emotional Freedom Techniques- will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes Marian Buck-Murray to the show. Marian Buck-Murray is a Certified EFT Practitioner and Transformational Health Guide. Emotional Freedom Techniques (EFT) is a meridian-tapping method developed by Gary Craig. It is an easy-to-use, easy-to-learn technique which helps clear unwanted emotions and limiting beliefs. EFT is based on the same principles as acupuncture, but it involves no needles. Tune in Monday, 9 a.m. for the live interview on the Well

[Read more](#)



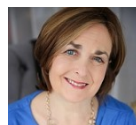
Tune in

New Shows Available on
VoiceAmerica Empowerment
Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guest



Marian Buck-Murray

Marian Buck-Murray is a Certified EFT Practitioner passionate about sharing her toolbox of self-empowerment techniques. She is the creator of the 3-Step Tame Your Inner Critic with EFT method, The Unleash Your Creative Genius Program, and The Conquer Your Cravings Online Mini Program.

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

