



**For the Love of Reiki
Archives Available**
July 01st 2015: **Reiki and the Meaning and Power of Food**

Paula interviews Victoria Leo. Victoria, who holds a master degree in both biology and psychology, reminds us that food is supposed to be about nutrition, and that food has meaning and power in our lives. She will give us insight in how to find out what we are really hungry for and how to get it. Victoria shares information on how using Reiki can change what we use food for as well as discussing her fantastic cook book (one of her several books). Victoria also shares a wonderful guided journey with us. This episode will give you a new outlook and understanding of the role of food in our lives

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Featured Guest



Victoria C. Leo

Victoria C. Leo, has her master's in Biology and Psychology. She also is a certified Hypnotherapist for Autoimmune Diseases. She is a Holy Fire, Karuna, and Usui Reiki Master/Teacher. Victoria offers both science-based and intuitive solutions that really work! Visit www.soaringdragon.biz and choose the program that will transform your life. You deserve to soar with dragons! Victoria's Facebook group Healing Minds, Healing Bodies welcomes you, as does her blog SoaringDragoninJapan. You can find her books on Amazon, Nook, Kobo or at your local bookseller.

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