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The Self Improvement Show Archives Available July 02nd 2015:Healing from Lyme Disease

With eloquence, warmth and authenticity, Katina Makris shares practical health information and inspirational personal experience on chronic Lyme disease and auto immune recovery. Her calling is to promote Lyme disease awareness, yet her passion is to ignite the body-mind-spirit healing pathway available in all of us. The personally afflicted, their caregivers and healthy people benefit from Katina's powerful message of hope. If you or someone you know has a debilitating chronic disease of any kind, you need to hear what Katina Makris has to say.

Tune in

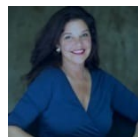
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Featured Guest



Katina Makris

Katina Makris, CCH, CIH has worked in natural health care since 1983 as a classical homeopath and intuitive healer. She has a BA degree from Duke University and is a graduate of the Stillpoint Institute of Life Healing. At the peak of her career she was stricken with a mysterious "flu" which was diagnosed, after five years of torment, as Lyme Disease. She sat on the board of the Council for Homeopathic Certification for seven years and now gives lectures and workshops around the globe on the subject of Lyme and other autoimmune diseases. Katina is a co-director of the famed Ticked OFF Music Fests and the host of Lyme Light Radio, syndicated by the Dr. Pat Show with a listening audience of

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