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The Wellness Lounge – A Step Further Archives Available

July 20th 2015: Educating, Empowering and Changing Lives With Essential Oils

Educating, Empowering and Changing Lives With Essential Oils- will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes Dr. Zia Nix, to the show. Dr. Zia Nix, D.C., is a chiropractor, health educator, wellness consultant, and essential oil specialist. She is passionate about teaching people to take control and empower themselves in every aspect of their lives. She teaches essential oil self-care protocol workshops and educates other wellness advocates to do the same. Essential oils are natural aromatic compounds found in the seed

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Featured Guest



Dr. Zia Nix, D.C.

Dr. Zia has experienced personal transformation firsthand. She had a rare muscle disorder and acute vision loss in her younger years and later experienced

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