



Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
July 27th 2015: Moving Past Trauma / A Revolution in Consciousness

In the first half hour, Patricia will be joined by co-authors of **SUPERSURVIVORS: THE SURPRISING LINK BETWEEN SUFFERING & SUCCESS** explores extraordinary accomplishments in the wake of catastrophic trauma to help us understand how ordinary people can achieve extraordinary things. *Supersurvivors*, offers a bold new vision for understanding and harnessing resilience through the lens of positive psychology. In the second half hour Patricia will be discussing a Core Belief Matrix which is formed from a foundational level of westernized cultures. This matrix consists of seven imbedded beliefs that

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Featured Guests



David B. Feldman, PhD

David B. Feldman, PhD, is an associate professor of counseling psychology at Santa Clara University, Santa Clara, California. He is the author of two books, including *The End-of-Life Handbook: A Compassionate Guide to Connecting with and Caring for a Dying Loved One*. His research and writings address such topics as hope, meaning, and growth in the face of life's difficult circumstances. Feldman has written for *The Huffington Post* and *Psychology Today*, been interviewed in *SELF*, *U.S. News & World Report*, and *Ode*, among others, and has had his work featured on *WebMD.com* and *About.com*. VISIT his official website at <http://davidfeldmanphd.com>

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Lee Daniel Kravetz

Lee Daniel Kravetz is an author and MFTi psychotherapist. His writing focuses on survivorship, hope, and stories of resilience. A graduate of the University of Missouri-Columbia School of Journalism, Lee has written for print and television, including *The New York Times*, *Psychology Today*, and *The Huffington Post*, as well as *Frontline*, *NOVA*, and *Sesame Street*. VISIT his official website at www.leedanielkravetz.com

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Lark Aleta Batey

Lark Aleta Batey has been a student of consciousness studies and the human condition for her entire adult life. She became a licensed massage therapist and maintained a private practice for about 17 years. During those years in private practice she developed and facilitated classes in yoga, tai chi, homeopathy and personal growth. She also began to learn about archetypes through Tarot and authors in Jungian psychology and earned a B.A. in human relations. She attended approximately 30 spiritual psychology seminars and intensives. www.sovereignexplorer.com

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