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Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
August 19th 2015:After This

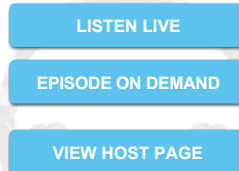
As human beings, we wonder what awaits us after this life is over. When death has come to those near us, the question often becomes compelling! In her quest to understand the many ways people think about what comes next, Claire Bidwell Smith investigated and wrote about various beliefs and practices about the time after death. How do each of us imagine or believe it to be? How does this connect or disconnect us from those we love after their deaths? What can we gain by asking these questions and investigating our ideas about death for ourselves? Coming after Claire's first book, Rules of Inhe

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Featured Guest



Claire Bidwell Smith

Claire Bidwell Smith is a therapist specializing in grief and the author of two books of nonfiction: The Rules of Inheritance and After This: When Life is Over Where Do We Go? both published by Penguin. The Rules of Inheritance, a coming of age memoir about grief, was a Books for a Better Life nominee, a Barnes and Noble Discover Pick, has been published in 17 countries, and is currently being adapted for film. After This chronicles Claire's journey as a grief therapist searching for meaning as she explores various beliefs about the afterlife. Claire has a bachelor's degree in creative writing from The New School University, and a master's degree in clinical psychology from Antioch Uni

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