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# EXPRESS YOURSELF!™ TEEN RADIO

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**Express Yourself!**  
**Sunday at 3 PM Pacific**  
**September 22nd 2015: The Gift of Forgiveness**

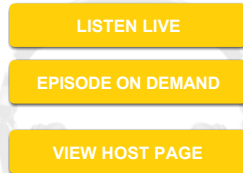
When someone does you wrong, it can be hard to forgive. Without forgiveness, we can't move on. Host Asya Gonzalez reads the chapter, The Gift of Forgiveness, from both books, Be the Star You Are!® for Teens and Be the Star You Are!® 99 Gifts for Living, Loving, Laughing, and Learning to Make a Difference where we learn that time spent blaming and complaining is totally wasted. We are the winners, not the losers, when we forgive and let go because it means that we can also forgive ourselves. Co-host Caiseen Kelly joins Asya to interview mega best selling author Mary Nethery about why she writ

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## Featured Guest



### Mary Nethery

New York Times, USA Today and Publisher's Weekly bestselling author Mary Nethery's latest endeavor, "Nabbed In New Orleans", is her highly anticipated contemporary middle grade novel, set in post New Orleans Katrina. Nethery's "Nabbed in New Orleans" is a work-in-progress coming of age adventure, dealing with hope and fear . . . and heroic animals and their heroic and fallible human friends. Aside from her many captivating, and child and parent favorite, picture books, Nethery collaborated with her dear friend Kirby Larson on Two Bobbies: A True Story of Hurricane Katrina, Friendship and Survival, recipient of the ASCPA's Henry Burgh Book Award; and Nubs: The True Story of a Mut, a Marine

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