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September 23rd 2015: The Dark Night of the Soul

I am thrilled to be joined by Michael Mirdad. Michael talks about when events occur in our lives that we don't recognize or understand. These events situations, whether large or small may show up once, or repeat, and can seemingly ripple into every facet of our lives. When this happens we are left shaking our heads, asking ourselves why? Wondering why me? We begin self talk, rationalizing, trying to make sense of this. We try day after day to rise above, and no matter what we do nothing goes right. Really? Why cant I get a break? We can often experience, fatigue, emptiness, sadness, a sense

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Featured Guest



Dr. Michael Mirdad

Dr. Michael Mirdad, is a world-renowned spiritual teacher, healer, and author. He has facilitated thousands of classes, lectures, workshops throughout the world on mastery, spirituality, relationships, and healing and is noted by many authors as a "teacher's teacher" and a "healer's healer." He has been featured as a keynote speaker in the world's largest expos and conferences, and has been spotlighted on radio, television, and various Internet programs, as well as in several magazines including "Whole Self Times," "Sedona Journal," and "Yoga Journal". Michael is respected as one of the finest and most diverse healers of our time and for his ability to share the deepest teachings in a humorou

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