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Go Green Radio Friday at 9 AM Pacific

**September 18th 2015:147 Days on the Appalachian Trail -
Life Lessons from Expert Hiker, Jeff Alt**

What better way to appreciate the environment than to walk 2,160 miles through some of the most beautiful vistas in North America? That is precisely what Jeff Alt did in 1998, and has gone on to hike the 218-mile John Muir Trail with his wife, and carry his 21-month old daughter along the coast of Ireland on a family hike. Jeff is the award-winning author of A Walk for Sunshine, Four Boots One Journey, and Get Your Kids Hiking: How to Start Them Young and Keep it Fun. His new book, The Adventures of Bubba Jones: Time Traveling Through the Great Smoky Mountains, has a curriculum guide and discu

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Featured Guest



Jeff Alt

Jeff Alt is a talented speaker, hiking expert, and the award-winning author of A Walk for Sunshine, Four Boots One Journey and Get Your Kids Hiking: How to Start Them Young and Keep it Fun. Alt's adventures have been featured in media nationwide including: Discoverychannel.com, ESPN's Inside America's National Parks, Hallmark Channel, CNN-Radio, The Cleveland Plain Dealer, LA Times, USA Today, USA Radio Network, the AP, the Chicago Sun Times, Scholastic Parent & Child, and many more. Alt is a member of the Outdoor Writers Association of America (OWAA). Alt holds a master's degree from Miami University in Ohio and a degree from the University of Toledo. Alt continues to host the annual Sunsh

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