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Live Healthy, Be Healthy

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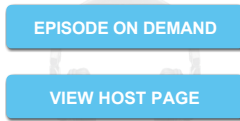
September 29th 2015: COPD and other breathing and lung issues!

In this episode we are going to talk about one of the most problematic chronic conditions in America, COPD and other breathing issues. Over 24 million Americans suffer with COPD or other breathing problems. Here we will offer some suggestions that can help relieve the symptoms so we can all breath a little easier. Information you need to Live Healthy and Be Healthy!



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