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November 16th 2015: Angelo Prosperi-Porta Talks All About His Book on Honey and the Honey Bee

This is a definite must listen to show if you want to know all things "Honey." Angelo Prosperi-Porta has worked with honey bees and incorporated honey into many recipes. Some recipes such as, Mexican Hot Chocolate with Honey and Chipotle I can hardly wait to make during the long harsh Canadian winters! Also Angelo goes in great detail on the plight of the honey bee and what we can do to stop it's demise. How important honey bees are to maintain a clean environment, healthy soils and even pure drinking water will surprise you. A book filled with beautiful recipes and photos this hour lo

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Featured Guest



Angelo Prosperi-Porta

Angelo Prosperi-Porta has worked in some of Canada's best fine-dining hotels and restaurants. Honey Nature's Sweetest Secret Ingredient, is more than recipes; it touches on the plight of bees on Vancouver Island and Whistler, B.C. IN 1999, he and his partner, Ina Haegemann, opened Angel's Cooking School at Cooper's Cover in Sooke, BC. His first book, Flavours of Coopers Cove Guesthouse, won multiple awards. His second cookbook, Honey: Everyday Recipes for Cooking and Baking with Nature's Sweetest Secret Ingredient suggests a few tips all people can do to help bees thrive and produce more honey. As well as some fantastic recipes with honey that you may have not thought possible!

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