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October 23rd 2015: The Unexpected Benefits of Chiropractic Care: Maximize Brain Function, Relieve Pain, Reduce Stress, Increase Range of Motion, and More!

Improving posture, gait, and the body's alignment are benefits that are commonly associated with chiropractic care. With technological advances increasingly accessible across the globe, there's also the potential to emerge from the chiropractor's office feeling like you just stepped out of a spa, except your "spa special" would be an insurance co-pay with no tipping required! If you have unresolved health issues, explore the restorative capability of chiropractic care. You'll learn about cost-effective, non-invasive treatments that relieve migraines, reduce stress, improve sports performance,

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Featured Guest



Jay Heller, DC

Dr. Jay Heller is a licensed chiropractor in New York State who has been in private practice for over 26 years. He has provided pain relief and enhanced healthcare to tens of thousands of patients. Dr. Heller graduated with honors from New York Chiropractic College, where he received the prestigious Technic Award for his distinguished skillfulness in chiropractic care. Prior to becoming a chiropractor, Dr. Heller was a high school teacher in Brooklyn. He was also an award winning track and field coach with teams ranked on the national level. His avid interest in sports and athletics influences his chiropractic and pushes him to explore cutting edge therapies. He was the first chiropractor

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