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What if you could wake up most mornings free from the emotional baggage that's been holding you back? If you're anxious, angry, depressed, unsure of yourself or finding it hard to make decisions, you need to hear what Audrey Sherman has to say. Her expertise is in helping people overcome dysfunctional patterns and backgrounds. Her "no-nonsense" approach to psychology has helped thousands of clients move beyond depressions that wouldn't budge, take control of debilitating anxieties, improve their marriages, find healthy and rewarding love relationships, enjoy jobs they once hated—and more. Mayb

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Featured Guest



Dr. Audrey Sherman

Dr. Audrey Sherman is a licensed psychologist working with clients who want to be free from the emotional baggage that's keeping them from living happier, more fulfilling lives.

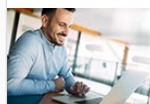
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