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**October 19th 2015: Belief, Focus and Persistence or How to Become the Best We Can Be**

During this episode, guest Andrew Haley shares his experience as a professional athlete and Paralympic medalist as an example of how success is a long journey of moment-to-moment choices leading towards the end goal, staying focus and never losing hope that things are possible.

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### Featured Guest



#### Andrew Haley

Andrew Haley has an inspiring life story that attests to his determination and strong beliefs. As a child Andrew had cancer twice and subsequently he lost part of his leg and part of his lung. Those events did not hold him back, however. An avid swimmer, Andrew's self-discipline led him to becoming a world class World Record setting Paralympic swimmer and a recognized leader in Paralympic sport. Among other competitions, Andrew has competed at four Paralympic Summer Games: Barcelona in 1992, Atlanta in 1996, Sydney in 2000 and Athens in 2004. He has won a Paralympic gold medal in the 4x100 medley relay and four bronze Paralympic medals. He is also a successful businessman who works for the

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