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DIRECT CONNECT COACHING

Direct Connect Empowerment

with Fi Mazanke



**Direct Connect Empowerment with Fi
Archives Available**
November 03rd 2015: On Letting Go

So often I hear from clients that they realize that there is a person or a feeling or an experience that they need to let go of, but they simply do not understand how to let go. Letting Go is an extremely important aspect to our overall good health and well being. This episode offers a guide to letting go and the means to getting there. You will learn the aspects of what holds you back from greatness and how to let go of those road blocks. You will understand the very important how to by tuning in to this show. It was strategically designed as we move into the busy holiday season so that c

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