



### Family Caregivers Unite! Archives Available

**December 15th 2015:Healing and Empowerment in  
Schizophrenia through Creative Endeavour**

Ernie Bart is a member of the Board of Artbeat Studio, <http://artbeatstudio.ca/>. Lucille Bart is Executive Director and co-founder with their son Nigel, diagnosed with schizophrenia at age 19. They describe their personal experiences as parents of a son living with schizophrenia. They explain Artbeat Studio's work with various forms of art, and the work of their son as Studio Facilitator of Artbeat Studio. They identify what they see as the most challenging of the challenges faced by individuals living with schizophrenia and by their families and family caregivers. They discuss the ways the ar

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### Featured Guests



#### Ernie Bart

Ernie Bart is an Artbeat Studio Board member. He has been active in this role since 2005. His contributions to the organization have been in the area of program and project development. He has worked intensively on both the "Studio Central" and "Upbeat Artworks" projects. He earned a Masters Degree in Educational Administration from the University of Manitoba in 2003. He retired from a career in Education in 2011. He is grateful for the opportunity in his current role at Artbeat Studio to work alongside his son Nigel and the most creative people he has ever met. He claims having raised a family of five amazing boys with his wife Lucille as his greatest life accomplishment.

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#### Lucille Bart

Lucille Bart, BA, is Executive Director of Artbeat Studio Inc., a community based, consumer-initiated, and peer-directed program. It provides social supports, free working art studio and gallery space, and mentorship for recovery and empowerment of individuals living with mental illness. It's committed to decreasing stigma and discrimination associated with mental illness and poverty through positive action, mental health education and advocacy. She co-founded Artbeat as a non-profit, charitable organization in 2005 with her son Nigel, who was diagnosed with schizophrenia at age 19. He's since used various forms of art to deal with the illness and stigma that surrounds it. Over 200 participa

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