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**The Kathryn Zox Show**  
**Wednesday at 7 AM Pacific**  
**December 30th 2015: Encore: Ghosting in Relationships and Life after Breast Cancer**

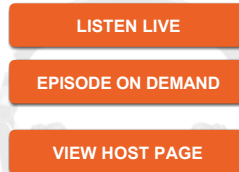
Kathryn interviews psychiatrist and Chief Medical Officer Nzinga Harrison. Everyone is talking about ghosting, a term used to describe relationships where one person stops all communications with a partner and goes completely silent. It happens in business where clients and vendors totally disappear or among lifelong friends who suddenly disconnect. Dr. Harrison examines the effects of ghosting and why it has become so popular. Dr. Harrison is a graduate of the University of Pennsylvania School of Medicine. Kathryn also interviews breast cancer survivor, blogger, and author Amber Farman on

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### Featured Guests



#### Nzinga Harrison, MD

A well-respected physician and educator, Dr. Harrison is the Chief Medical Officer for Anka Behavioral Health Inc. and a member of the Clinical Adjunct Faculty

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#### Amber Farman

Amber Farman has always been an entrepreneur at heart, even if she didn't realize it. In 2001 she opened her first business and continues to successfully run it today.

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