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EMPOWERMENT



**The Self Improvement Show
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January 7th 2016: It's Always the Heart**

Early in his career as a cardiologist, Dr. Arthur Constantine learned that, in addition to helping patients navigate the treatment of the physical heart, there is an inseparable intertwining of the physical and spiritual bindings of our hearts. Whether or not it is the physical heart causing the symptoms, the spiritual heart must be addressed before complete healing can occur. His new book, "It's always the Heart" offers valuable, life changing clinical and spiritual insights into prevention and recovery from heart disease. We will talk about what it means to be completely healed in mind, spir

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Featured Guest



Arthur E Constantine, MD

Dr. Arthur Constantine, MD earned a medical degree from the University of Alabama at Birmingham and did a cardiology fellowship at the Medical College of Georgia in Augusta, Georgia. He is a cardiologist practicing at the Heart Group/St Thomas Heart at St. Thomas Hospital in Nashville, Tennessee.

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