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**The Self Improvement Show
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January 14th 2016: Memories, Moving, Money,
and Meditation. Hello 2016**

This is Irene Conlan and it's MY TURN. Every now and then I want "my chance" to say whatever I want to say on The Self Improvement Show and this is it. Of course we will take a look back at 2015, but only briefly, to set the stage for 2016. I have several passions. I have become keenly aware of what happens when you don't plan for your retirement and suddenly you find yourself there (yes, it seems suddenly even though you've had a lifetime to get ready for it). We will talk about that. What do you do about it? You find a way to earn money. And we will talk about that. And what if you don't kn

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