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Performing at Your Best: Mindset Evolution with Luis Vicente Garcia

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January 19th 2016: **The Martial Art of Business!**

Business is an art that requires discipline, persistence and skills. One of the main ideas we need to learn is that we constantly have to achieve our goals and increase our motivation in order to achieve peak performance. Martial arts are systems and traditions of combat practices, which are practiced for a variety of reasons: self-defense, competition, physical health and fitness, entertainment, as well as mental, physical, and spiritual development. Combine the art of business with martial arts and you get incredible combination. In our next show I will be interviewing Winston Price

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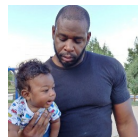
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Featured Guest



Winston Price

Winston Price, Senior Executive Producer, has over 20 years of marketing, advertising and public relations experience. He began his business career in 1995 and is a graduate of Indiana University Bloomington. [Connect with Winston on LinkedIn HERE: <https://www.linkedin.com/in/winstonprice>] Winston also is a master martial artist and personal trainer with over 25 years of knowledge and experience. Winston runs his own school, Internal Magnification Martial Arts, where he focuses on helping people reach their personal goals of health and fitness via At-Home personal training with martial foci of Taekwondo, Tai Chi Ch'uan, Hapkido and B

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