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### It's Absolutely All About You

#### Archives Available

January 22nd 2016: Introduction to my book: **It's Absolutely All About You**

I have been in the process of putting together this book for the past few years. "It's Absolutely All About You" is a book about the different obstacles that show up in our life that make it difficult for us to find our inner joy and our connection to our greatness. That may sound cliché, but the truth of the matter still lies with the idea that if we are at our best, we can offer our best. This book will take you through my path as an empowerment coach, and will have a life changing impact on your own journey in this lifetime. It will guide you to find your passion and your life's purpose t

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