



# Patricia Raskin

## POSITIVE LIVING SHOW

**The Patricia Raskin Show**  
**Monday at 11 AM Pacific**  
**February 15th 2016: Addict's Journey Back to Life/Non-Drug Treatment for Hypothyroidism**

In the first half hour, Patricia will interview, Alan S. Charles, author of *Walking Out the Other Side: An Addict's Journey From Loneliness to Life*, his extraordinary comeback story – childhood trauma triggered by a father's untimely death, tales of wild drug use, sexual escapades, a professional baseball career, professional harness racing driver, multi-million dollar sales deals, and what finally saved him from killing himself. Alan offers his message of recovery to rise up and break the bonds of an addiction that led him to lose everything he valued, to listeners who have ever felt how dif

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### Featured Guests



#### Alan S Charles

Alan S. Charles has lived a remarkable, diverse, and full life from playing professional baseball to being a professional harness racing driver and singing with Barry Manilow at Radio City Music Hall. A successful businessman, quarterbacking multi-million dollar sales campaigns, the pain of his dysfunctional upbringing finally caught up with him. After 24 years, he won his battle with cocaine addiction. Today he has been clean and sober since 2007 and is the doting father of two daughters.

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#### Dr. Gil Kajiki

Dr. Gil Kajiki is a Certified Functional Medicine Practitioner, Chiropractor (C.F.M.P., D.C.) and patient educator with clients on 4 continents. His clientele include celebrities, corporate leaders, women stressed by family life and work, computer programmers, athletes, homemakers, radio show hosts, admin assistants, health practitioners and doctors.

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