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Out of the Comfort Zone

with
Wanda Wallace

Out of the Comfort Zone
Friday at 11 AM Pacific
February 12th 2016: Working with Less Stress and Frustration

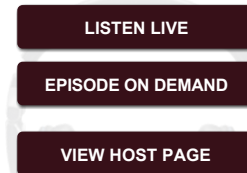
Are you not managing stress as well as you would like to do? Do you question your leadership and your contribution? Do you need to let go of some control? These are the topics for this show based on the principles of Heart-Centered Leadership.

Heart-Centered Leadership is about being more mindful as leaders – understanding the impact of self-care and authenticity on the satisfaction and well-being of the workforce and, by extension, the bottom line.



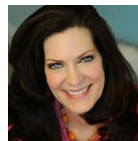
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Featured Guest



Susan Steinbrecher

Susan Steinbrecher is a business consultant and coauthor of Heart-Centered Leadership: Lead Well, Live Well. She is the CEO of Steinbrecher And Associates in Hurst, Texas, and serves as an executive coach, licensed mediator, professional speaker and leadership advisor. She is also the author of the Amazon bestseller, KENSHO: A Modern Awakening.

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