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**INFLUENCERS**



**Empowering Women, Transforming Lives**  
Thursday at 11 AM Pacific  
March 01st 2016: Spring Forward Powerfully!

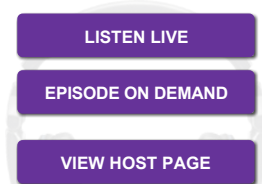
Join Rebecca Hall Gruyter, Shirley Dalton, and Christina Marlett as we discuss how to move forward powerfully in your mind, body, business and life! Rebecca is excited to have Shirley sharing how to spring forward in business while sharing about her new radio show and TV shows that she is launching to serve business leaders around the world! Her new TV show is called EmpoweredBusinessTV.com Rebecca is also excited to have Christina joining us to share about her recently launched book and soon to be launched dynamic and engaging TV show called the Ugly Dance Awkward Dance Show!

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### Tune in

Thursday at 11 AM Pacific Time on VoiceAmerica Influencers Channel



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### Featured Guests



#### Shirley Dalton

Shirley Dalton is a sought after speaker, best-selling author and in demand consultant for entrepreneurs and small business owners. Formerly the Chief Operating Officer for an Australian International Franchise Organisation, she was responsible for creating and streamlining internal systems and structures which enabled the company to list on the Australian Stock Exchange and grow from 250 franchises to over 600 worldwide. With degrees in Psychology and Education, today she specialises in developing people and processes and inspiring possibilities. She works with business owners, entrepreneurs and leaders to systematize and streamline their businesses so they work for them AND their

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#### Christina Marlett

Christina Marlett believes that self-care is the missing ingredient in many women's lives. In her work as a Courageous Self-Care Coach and Speaker, Christina helps exhausted women shift from 'Running on Empty' to 'Renewable Energy'. Christina is an International Speaker, a #1 International Best-Selling Author, a Master Facilitator, a Self-Care Coach and the host of the popular web TV program, "The Courageous Self-Care Show".

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