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American Heroes Network Tuesday at 8 AM Pacific March 01st 2016: Mindful Warriors

Mindful Warriors was started as a means to advocate for veteran issues, help them overcome their adversities, and to facilitate the management of Veteran Outreach Programs. Our motto is "Continuing the Mission, So Others May Live".

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Featured Guest



Roy Savage

Roy was born May 25th, 1970 in Seward Alaska. From 1989-1993, he served as an Operations Specialist and Ship's Rescue Swimmer in the US Navy. He served on three tours of duty including Operation Desert Shield. For the last two years, Roy has dedicated his life to advocating for veteran issues, helping veterans seeking services, and serving as a leader in the veteran community. In 2014, he started Mindful Warriors as a means to advocate for veterans and to implement veteran outreach programs. He is the Program Manager for the Heroes Therapeutic Outreach Program, Co-Chair for Joining Community Forces-Missoula and serves as the weekend support staff and veteran advocate for the Valor House-

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