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## Transformational Healing

### Transformational Healing Archives Available

**March 17th 2016: Intuitive Journaling: Tap the Wisdom of  
Your Higher Self**

Welcome, our special guest Lauri Pointer. Lauri is a Certified Journal to the Self Instructor and has been teaching journaling workshops since 2001. Since 2008, she has been teaching a bi-weekly journaling workshop for the City of Fort Collins employee wellness program. In her monthly journaling workshops, she guides her students toward greater clarity, joy, and abundance through a very creative method of manifestation journaling. She is passionate about sharing these empowering tools with others to promote healthy, abundant, holistic living.



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## Featured Guest

Guest Image

### Lauri Pointer

Lauri Pointer, owner of Lauri Pointer- Energy Healing & Wellness is a Certified Journal to the Self Instructor and a Healing Touch Certified Practitioner. She has a degree from Colorado State University in Exercise Science with a Wellness Management concentration. Lauri has a full time private practice in Fort Collins, Colorado. She has been teaching journaling workshops around the country and in northern Colorado since 2001. To receive her free monthly Energy Healing & Wellness newsletter which includes a monthly journaling prompt, spiritual quotes & reflections, and her upcoming workshops, visit [www.LauriPointer.com](http://www.LauriPointer.com)

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