



**Leading Conversations**  
**Friday at 10 AM Pacific**  
**March 11th 2016:Encore: The Leadership Move**

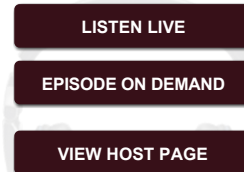
Cheryl Esposito welcomes Richard Strozzi-Heckler, PhD, founder of Strozzi work & Strozzi Institute, & author of The Art of Somatic Coaching. Richard says the 'self' is the leader's primary source of power & effectiveness. The success or failure of leaders is more than a game of expertise & strategy. "It has become abundantly clear to me that we do not transform ourselves and our thinking through good ideas or hope. To make sustainable shifts in our behavior and way of thinking, we have to embody new schemas." Somatic Coaching was developed as a way to cultivate the self thro

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**Featured Guest**



**Richard Strozzi-Heckler**

Richard Strozzi-Heckler, PhD, founder of Strozzi work & Strozzi Institute, & author of The Art of Somatic Coaching. Richard says the 'self' is the leader's primary source of power & effectiveness. The success or failure of leaders is more than a game of expertise & strategy. "It has become abundantly clear to me that we do not transform ourselves and our thinking through good ideas or hope. To make sustainable shifts in our behavior and way of thinking, we have to embody new schemas." Somatic Coaching was developed as a way to cultivate the self through the body. In somatics, the body is not just a physiological entity but is the center of our lived experience in the w

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